

FOR YOUR INFORMATION

**April Lunch Delivery
Ward 5**

Focus not Fearful

**Prayer Leaders
Ward 3**

Scriptures

Friday, April 3rd

Romans 8:35 - 39

Saturday, April 4th

Psalms 34:6 - 10

Sunday, April 5th

Romans 8:26 - 30

Monday, April 6th

Psalms 84:8 - 12

Tuesday, April 7th

John 3:16 - 21

Wednesday, April 8th

2 Peter 3:8 - 13

Thursday, April 9th

Psalms 34:15 - 19

**First African Baptist Church
Post Office Box 544
Savannah, GA 31402**

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Turning Every Crisis into Opportunity

If you've been trying to stay afloat in the storms of life. . .if you need encouragement for the battles you're in. . .then. . .this teaching is just for you.

It's important to understand that crisis will come and go. . .just like the changing tide of the ocean.

We will choose whether we will have perfect peace and confidence in every adversity and opportunity. . .or whether to live with **tribulations, trials, distress and frustration.**

Let me say it again. . .we can choose. . .you will choose. . .I will choose.

Tribulations (not being able to pay your bills). . .

Trials (being laid off on your job). . .

Distress (wondering how you're going to provide for your family). . .

Frustration (feeling like nobody will help you or give you a break). . .

But be of good cheer [take courage; be confident, certain, undaunted]!. . .claim these happy choices. Make a quality decision that no matter what. . .you're choosing the pure, the powerful and the positive from the Word of God.

For I have overcome the world. . .not only did Jesus overcome the world but He empowered us to do the same thing.

If you know you are going to overcome ... that God has destined you to conquer, then instead of spending precious energy and time on figuring how to cut back, who to borrow from... you can spend your time seeking God for an opportunity to maximize the situation to work for your good.

Romans 8:37 which says:

"Nay, in all these things we are more than conquerors through him that loved us."

According to Strong's Concordance the Greek word for conqueror is (G5245) and it means: **"to be more than a conqueror, to gain a surpassing victory."**

I noticed that *conqueror* comes from the root word *nikaō* (G3528) which is translated 24 out of 28 times as "overcome." So it became obvious to me that **in order to become a Kingdom Conqueror we must first be a World Overcomer.**

Colossians 2:15 in the Amplified Bible says:

"When HE [Jesus] had disarmed the rulers and authorities [those supernatural forces of evil operating against us], HE made a bold display and public example of them, [exhibiting them as captives in HIS triumphal procession] having triumphed over them through the cross."

Jesus is saying... 'I have conquered it for you. . .because I'm the only One who can give you the victory over every crisis perpetrated by the enemy'.

Psalms 34:6-10 in the New Living Translation says:

"In my desperation I prayed, and the Lord listened; He saved me from all my troubles. For the angel of the Lord is a guard; he surrounds and defends all who fear him. Taste and see that the Lord is good. Oh, the joys of those who take refuge in him! Fear the Lord, you his godly people, for those who fear him will have all they need. . .and those who trust in the Lord will lack no good thing."

Now here's an exciting fact. . .every time you face a crisis. . .your faith grows.

Homebound Disciples

Ward 1: Saussy/Roberson

Sis. Marion Dobson
Dr. Ethel P. Stokes

Ward 2: Houston/Lawrence

Sis. Mattie Rouse
Sis. Thelma Tharpe
Bro. Jerome Williams
Sis. Joann Mouzon
Sis. Natasha Garvin-Holmes

Ward 3: Johnson/Sanders

Sis. Carolyn Mars
Sis. Sara Herring
Sis. Lillie Evans

Ward 4: Bush/Riles/Wright

Sis. Helen Braxton
Sis. Pearl Holmes
Bro. Gene Morris

Ward 5: Anderson/McGuire

Sis. Julia Rhaney
Sis. Irene Billups

Join us on the prayer
line each day at 6:33
AM!
Dial (712) 775-7465.
The Access Code is:
800021#.

Welcome to all of
our **F.R.A.N.s**
(*Friends, Relatives,
Associates &
Neighbors*) and all
other Guests

OTHER UPCOMING EVENTS

Sunday April 5th @ 9:00am ~ Sunday School Empowerment Hour
Sunday April 5th @ 10:00am ~ Communion Worship Experience
Thursday April 9th @ 12:noon ~ Hour of Power Bible Study
Thursday April 9th @ 6:00pm ~ Thursday Night Worship Factory
Sunday April 12th @ 6:00am ~ Resurrection Sunrise Worship Experience
Sunday April 12th @ 9:00am ~ Sunday School Empowerment Hour
Sunday April 12th @ 10:00am ~ 2nd Sunday Worship Experience

Important Information regarding Coronavirus- COVID19

Take steps to protect yourself



Clean your hands often



Avoid close contact

- **Avoid close contact** with people who are sick
- Put **distance between yourself and other people** if COVID-19 is spreading in your community.
- This is especially important for people who are at higher risk of getting very sick.

Take steps to protect others



Stay home if you're sick

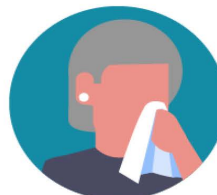
- **Stay home** if you are sick, except to get medical care.
- Learn what to do if you are sick.



Cover coughs and sneezes

- **Cover your mouth and nose** with a tissue when you cough or sneeze.
- **Immediately wash your hands** with soap and water for at least 20 seconds or use hand sanitizer that contains at least 60% alcohol.

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a **hand sanitizer that contains at least 60% alcohol.** Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.



Cover coughs and sneezes

- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- **Immediately wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.



Wear a facemask if you are sick

- **If you are sick:** You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room. Learn what to do if you are sick.
- **If you are NOT sick:** You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.



Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.